



Mrs. Cheryl Sowell

First Grade

2 years with St. Peter School

3 years teaching experience



I previously taught second grade at Blessed Sacrament for one year and spent 13 years prior to that as a Family Support Worker for Transitions of Western Illinois. I graduated from Quincy University in December of 2001 with a Bachelors Degree in Elementary Education and a Minor in Psychology. My lifelong desire has always been to work with children and families with the intent that I would teach at the elementary level. I feel as though I was blessed with the opportunity to begin my

career in a field which allowed me to work with parents and their children in their home environment. This experience has prepared me greatly for the classroom and the opportunity to unite the home and school environment for my students.

In the classroom, I strive to create a learning environment where all children feel valued and successful. Diversity is the key to success for all. I utilize the workshop approach daily in reading and writing which allows students to master skills

at their own pace with added opportunities for support from me. Having a positive attitude is also a must. I encourage students to change their ways of thinking from “I can’t” to “I can try.” They can do whatever they set their minds too. There is so much growth happening in first grade academically and socially. I am so excited to be a part of that daily!

My teaching style:

“I strive to create a learning environment where all children feel valued and successful.”

Get to know me...

I am blessed to be the mother of three amazing boys, Caleb, Collin, and Dylan. I married my husband, Dan, in January, 2011. We are quickly approaching our fifth year of marriage. I have been a

lifelong member of St. Mary’s/ Blessed Sacrament Parish. In my free time I enjoy being a spectator at my son’s extracurricular events, exercising, fishing, and spending time with my family.

