



St. Peter School, Quincy IL



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Walking Taco 5
Lettuce/Tomato/Salsa
Seasoned Black Beans
Strawberries

Orange Chicken 6
Seasoned Rice
Veggie Egg Roll
Chinese Cookie
Mixed Fruit

Tater Tot Casserole 7
Sweet Peas
Bread Stick
Peaches

Chicken And Noodles 1
Green Beans
Dinner Roll
Peaches

Pancakes with Syrup 2
Hard Boiled Egg
Apple Slices (Warm)

Chicken Fajitas 12
Fajita Veggies
Spanish Rice
Fruit Cup

Corn Dog 13
Baked Beans
Garden Salad
Rosey Applesauce

Ham/Cheese Wrap 14
Veggie Boat W/Dip
Chips
Mandarin Oranges

BBQ Pork On Bun 8
Seasoned Corn
Cheese Stick
Sherbet Cup

Cheesy Scrambled Eggs 9
Veggie Juice
Buttered Biscuit
Pears

Tenderloin On Bun 15
Smiley Fries
Mixed Veggies
Pineapple Tidbits

Cheese Pizza 16
Spinach Salad
Mixed Fruit
Brownie

Chicken Tenders 19
Romaine Salad
Sweet Corn
Hush Puppies
Tropical Fruit

Beef Sliders On Bun 20
Seasoned Fries
Green Beans
Mandarin Oranges

Baked Potato Bar 21
Broccoli/Cheese/Ham
Pudding
Peaches

Salisbury Steak 22
Whipped Potatoes and Gravy
California Veggie
Dinner Roll
Grapes

French Toast Sticks 23
Scrambled Eggs with Cheese
Veggie Juice
Banana

Easter Break 26

Easter Break 27

Easter Break 28

Easter Break 29

Easter Break 30