

April 2018

St. Peter School

LUNCH



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

No School ²

Easter Break

Hot Dog on Bun
Baked Beans
Carrot Sticks with Dip
Strawberry Cup ³

Chicken Wing Dings
Mashed Potatoes with Gravy
Seasoned Corn
Rosey Applesauce ⁴

Cheesy Ravioli with Sauce
Seasoned Green Beans
Garden Salad
Bosco Stick
Frozen Fruit Cup ⁵

French Toast Sticks
Bacon /Hard Boiled Egg
Dragon Juice
Diced Peaches ⁶

Baked Potato Bar
Ham/Cheese/Broccoli
Fruited Jello Cup
Chocolate Pudding ⁹

Peppy (Pepperoni) Pizza
Spinach Salad with Dressing
Cookie
Mixed Fruit ¹⁰

Chicken Veggie Soup
½ Grilled Cheese Sandwich
Chilled Pears ¹¹

Hot Beef/Cheddar on Bun
Potato Puffs
Cowboy Corn
½ Banana ¹²

Pancake with Syrup
Sausage Links
Yogurt Parfait with Fruit
Veggie Juice ¹³

Taco Bowl
Refried Beans
Lettuce/Tomato/Cheese
Salsa
Apple Cheerios
Fruit ¹⁶

Turkey Burger on Bun
Sweet Potato Puffs
Mixed Veggies
Orange Slices ¹⁷

Chili Mac
Corn Muffin
Veggie Sticks with Dip
Pineapple Tidbits ¹⁸

Chicken Stuffed Pita Pockets
with Romaine/Cheese
Veggie Boats with Dip
Grapes
Cookie ¹⁹

Biscuits with Sausage Gravy
Dragon Juice
Warm Cinnamon Apples ²⁰

Cheeseburger Slider on Bun
Potato Wedges
Buttered Peas
Mandarin Oranges ²³

Veggie Beef Soup
Ham/Cheese Rollups
Angel food Cake with Fruit Topping ²⁴

Rotini with Meat Sauce
Garden Salad
Garlic Bread Stick
Mixed Fruit ²⁵

Turkey/Cheese Wrap
Hummus with Chips
Carrot & Celery Sticks
Peaches ²⁶

Cheesy Scrambled Eggs
with Bacon
Cinnamon Roll
Veggie Juice
Blushing Pears ²⁷

Chicken Alfredo with Twist
Broccoli with Cheese Sauce
Garlic Bread Stick
Frozen Fruit Cup ³⁰

