



School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Sausage Pizza
Green Beans
Apple Bosco Stick
Mixed Fruit

4

Mini Corn Dog
Baked Beans
Orange Slices
Jell-O and Sun Chips

5

Fish Sticks and Peas
Mac & Cheese
Peaches
Vanilla Pudding

6

BBQ Chicken on a Bun
Cole Slaw
Sweet Tator Puffs
Frozen Fruit Cup
Cookie

7

Pancakes and Syrup
Hard Boiled Egg
Yogurt and Fruit
Veggie Juice

8

Bubba Burger/Bun
French Fries
Carrot Stix/Dip
Fruit Cup

11

Chicken & Noodles
Sweet Peas
Diced Peaches
Dinner Roll
Cookie

12

Veggie Beef Soup
Grilled Cheese Sandwich
Mixed Fruit

13

Baked Potato/Diced Ham
Broccoli/Cheese
Lettuce Salad
Applesauce

14

Cheese Omelet
Hash Browns
Cinnamon Roll
Veggie Juice
Banana

15

Hot Dog/Bun
Sweet Tator Fries
Baked Beans
Frozen Fruit Cup

18

Chicken Alfredo
Green Beans
Garlic Bread
Pineapple Tidbits

19

Sloppy Joe/Bun
Tator Wedges
Veggie Boats
Peaches

20

4 Cheese Pizza
Spinach Salad
Grapes
Ice Cream Cup

21

Scrambled Egg
Tator Tots
Funnel Cake/Oranges
Veggie Juice

22

Orange Chicken
Confetti Veggies
Seasoned Rice
Fortune Cookie
Mandarin Oranges

25

Spaghetti /Meat Sauce
Spinach Salad
Bosco Sticks
Tropical Fruit

26

Walking Taco
Refried Beans
Carrot Sticks/Dip
Peaches/Cookie

27

Chicken Strip
Mashed Tators/Gravy
Buttered Carrots
Blushing Pears
Dinner Roll

28

Waffles and Syrup
Hard Boiled Egg
Yogurt/Fruit
Veggie Juice

29