

# Apple

*Illinois State Fruit is Goldrush apples.*

**Illinois ranks 19th in apple production in 2016. They are in season June through November.**

*Apples are 25% air, that is why they float.*

**Apples contain vitamin B2, which is also known as riboflavin. This vitamin promotes healthy growth and eye health!**

## St. Peter School Menu for September 2021

		Wednesday, September 1	Thursday, September 2	Friday, September 3
		CORN DOG FRENCH FRIES CALIFORNIA VEGGYS MANDARIN ORANGES COOKIE	BROWN BAG LUNCH TURKEY/CHEESE WRAP CHIPS/COOKIE/JUICE APPLE SLICES	FRENCH TOAST STICKS SAUSAGE PATTY HARD BOILED EGG PINEAPPLE TIDBITS RAZZY JUICE
<b>MONDAY, SEPTEMBER 6</b>	<b>TUESDAY, SEPTEMBER 7</b>	<b>WEDNESDAY, SEPT-EM-</b>	<b>THURSDAY, SEPTEMBER</b>	<b>FRIDAY, SEPTEMBER 10</b>
NO SCHOOL	SLOPPY JOE /BUN CHIPS VEGGY BOAT /DIP COOKIE MIXED FRUIT	CHILI MAC CORN CHIPS CARROT STICKS / DIP APPLESAUCE	WAFFLE EGG SAUSAGE SANDWICH SMILEY FRIES GOGURT SIDE KICK JUICE	CHEESE BURGER/BUN TATOR WEDGES SWEET PEAS DICED PEARS
<b>MONDAY, SEPTEMBER 13</b>	<b>TUESDAY, SEPTEMBER 14</b>	<b>WEDNESDAY, SEPT-EM-</b>	<b>THURSDAY, SEPTEMBER</b>	<b>FRIDAY, SEPTEMBER 17</b>
WALKING TACO REFRIED BEANS SPANISH RICE APPLE SLICES/DIP	SALISBURY STEAK MASHED TATORS BUTTERED CARROTS DICED PEACHES DINNER ROLLGRAVY	CHEESE PIZZA SPINACH SALAD FROZEN FRUIT CUP ICE CREAM CUP RAISELS/RAISIN	CHICKEN NUGGETS MASHED TATORS GREEN BEANS FRUIT COCKTAIL BREAD STICKS	PANCAKES/SYRUP BACON ROUNDS HARD BOILED EGG WARM CINNAMON APPLES APPLE JUICE
<b>MONDAY, SEPTEMBER 20</b>	<b>TUESDAY, SEPTEMBER 21</b>	<b>WEDNESDAY, SEPT-EM-</b>	<b>THURSDAY, SEPTEMBER</b>	<b>FRIDAY, SEPTEMBER 24</b>
CHEESY NACHOS COWBOY CORN APPLE CHERRIOS SALSA	CHICK DRUMMIES BABY BAKER TATORS BAKED BEANS GRAPES	VEGGY BEEF SOUP CHEESE STICKS CORN MUFFIN VANILLA PUDDING COOKIE/ FRUIT BITES	TENDERLOIN/BUN TATOR WEDGES ROMAINE SALAD PEACHES LETTUCE /TOM /PICKLE	CHEESE OMELET BACON 3 HASH ROUNDS CINNAMON ROLL ORANGE WEDGES
<b>MONDAY, SEPTEMBER 27</b>	<b>TUESDAY, SEPTEMBER 28</b>	<b>WEDNESDAY, SEPT-EM-</b>	<b>THURSDAY, SEPTEMBER</b>	
BBQ WING DINGS MAC AND CHEESE MIXED VEGGYS FRESH FRUIT CUP	MEATLOAF CHEESY PASTA ITALIAN MIXED VEGGYS TROPICAL FRUIT CHEESY BOSCO STICKS	PIZZA MAC PEAS AND CARROTS PINEAPPLE TIDBITS GARLIC BREAD COOKIE	CLUB SANDWICH CHIPS CARROT STICKS/DIP APPLE SLICES COOKIE/JUICE	