

St. Peter School Menu for December 2021

Potato

The potato is considered the 4th most important crop behind corn, wheat and rice.

The average American eats 140 pounds of potatoes per year.

Potatoes are 80% water. They are filling, full of vitamin C, have more potassium than a banana, and a decent amount of B6, fiber and iron.

Potatoes were the first vegetable grown in space in 1995 about the Space Shuttle Columbia.

Mr. Potato Head was born in 1952 and was the first toy to be advertised on TV.

		Wednesday, December 1	Thursday, December 2	Friday, December 3
		Corn Dogs Macaroni and Cheese Broccoli Yogurt with Fruit Cookie	Cheeseburger/Bun Sweet Potato Puffs Cowboy Corn Mandarin Oranges	Egg Omelet Smiley Fries Sausage Link Fruit Cup Buttered Biscuit
Monday, December 6	Tuesday, December 7	Wednesday, December 8	Thursday, December 9	Friday, December 10
Hot Dog/Bun Baked Chips Baked Beans Diced Peaches Fruit Bites	Walking Taco Spanish Rice Lettuce/Tomato/Cheese Sorbet Cup Apple Cherrio Bar	Pasta/Meat Sauce Romaine Salad Applesauce Cheesy Bread Sticks Cookie	Grilled Chicken Patty/Bun French Fries Mixed Veggies Tropical Fruit	French Toast Sticks Sausage Patty Hard Boiled Egg Mixed Fruit Razzy Juice
Monday, December 13	Tuesday, December 14	Wednesday, December 15	Thursday, December 16	Friday, December 17
Sack Lunch Turkey Cheese Wrap Apple Slices Chips Cookie Juice Box	Sloppy Joe/Bun Curley Fries Carrot/Celery Sticks Diced Pears Fruit Roll Up	Chicken Nuggets Mashed Potatoes Corn Peaches Dinner Roll	Cheese Pizza Spinach Salad Go-Gurts Cookie Razzy Juice	Pancake/Syrup Sausage Patty Boiled Egg Frozen Fruit Cup
Monday, December 20	Tuesday, December 21	Wednesday, December 22	Thursday, December 23	Friday, December 24
Monday, December 27	Tuesday, December 28	Wednesday, December 29	Thursday, December 30	Friday, December 31