

St. Peter School Menu for May 2022

Strawberries

National Pick Strawberries Day is May 20, 2022.

The average strawberry has 200 seeds. They are the first fruit to ripen in the spring. They are grown in every state in the U.S. California produces the most.

Eight strawberries will provide 140 percent of the recommended daily intake of Vitamin C for kids.

Americans eat about 3.4 pounds of fresh strawberries a year. Americans also eat about 1.8 pounds of frozen strawberries a year.

Monday, May 2	Tuesday, May 3	Wednesday, May 4	Thursday, May 5	Friday, May 6
Breaded Tenderloin on Bun Baked Chips Fresh Veggies Fruit	Toasted Ravioli Marinara Vegetable Fruit	Grilled Chicken Sandwich Romain/ Lettuce/ Spinach Salad French Fries Fruit	Beef Nachos Shredded Lettuce/ Cheese Salsa/ Sour Cream Corn Fruit	Sausage Pizza Green Beans Yogurt Fruit
Monday, May 9	Tuesday, May 10	Wednesday, May 11	Thursday, May 12	Friday, May 13
Hamburger on Bun Chips Corn Fruit	Chicken Nuggets Mashed Potatoes / Gravy Fresh Veggies Fruit	Cheese Pizza Romain/ Lettuce/ Spinach Fruit	Hot Dog / Bun Baked Chips Green Beans Fruit	SACK LUNCH Ham / Cheese Rollup Carrots Jello W/ Fruit RK Treat
Monday, May 16	Tuesday, May 17	Wednesday, May 18	Thursday, May 19	Friday, May 20
Tenderloin on Bun Fries Peas Fruit	Corn Dog Chips Mixed Vegetable Fruit	Fish Sticks Fries Baked Beans Fruit	Build Your Biscuit Sausage / Egg / Cheese Fresh Veggies Fruit	Breaded Chicken Patty Curly Fries Carrots Fruit
Monday, May 23	Tuesday, May 24	Wednesday, May 25	Thursday, May 26	Friday, May 27
COOKS CHOICE	COOKS CHOICE	COOKS CHOICE	COOKS CHOICE	PICNIC HAVE A GREAT SUMMER
Monday, May 30	Tuesday, May 31			
HAVE A GREAT SUMMER	HAVE A GREAT SUMMER			