



Patriot News

Weekly Update



Mission Statement: St. Peter School provides a quality education built on Catholic values and teachings.



SUMMER BREAK



What's ahead this summer:

The school office is open on Wednesdays. Please check church bulletin for updates.

June 30-Tuition payment due unless payment plan setup

July 1-1st Day School Supplies Deadline

August 13-Back to School Mass 5:00

August 14-Kindergarten Parent Meeting 6:00

August 16-1st Day-**SEE ATTACHMENT** 2023-2024 Calendar

Preschool 3 Parent Meeting 6:00 Cafeteria

Preschool 4 Parent Meeting 6:00 Gym

August 22-Curriculum Night 5:30-8:00

August 26-Parish Picnic 5:00-12:00



SCHOOL BUSINESS



Congratulations 8th Grade Students!!

Our amazing 8th grade students graduated from St. Peter School. We are so proud of them for their dedication to "Do Your Best and God Will Do the Rest." It has been an honor to be a part of their lives and watch many of them grow from preschool to confident young adults. We will miss them all and best of luck during high school. Congratulations: Issac Bealor, Hannah Bergman, Brayden Bozarth, Kanon Cook, Peter Damm, Rosalia Durante, Charlie Fischer, Brody Gilbert, Kate Gramke, Sophia Hart, Catherine Hesson, Cale Hilbing, Harper Hough, Denver Huff-Phillips, Kaelynn Klauser, Caroline Knuffman, Elijah Larson, Grant Lepper, Chase Linenfelser, Ali Meyer, Lydia Miller, Jovie Monteyne, Lucas Ohnemus, Breckyn Peters, Samantha Reeder, Olivia Rodeghero, Gracie Schuster, Brooke Stegeman, Alexander Stegner, Sierra Thomas, Zoey Trevino, John Venvertloh, Hayden Ware, Timothy Weis II, and Logan Woodyard.

Classroom Placement 2023-2024 School Year

We want to remind parents that while we respect your wishes, we do not honor parent requests for children's placement in the classrooms. Our teachers work very hard to determine what is the best fit for your child. They take in many considerations and factors to give each student every opportunity to be successful. Thank you for understanding.

State of Illinois Required Physical, Dental, and Vision Exams

Physical: Dated between August 18, 2022-October 15, 2023

Preschool (for the first time), Kindergarten, 6th, and 9th Grade for the upcoming 2023-2024 school year physical exams are mandated. **These are due by October 15, 2023.** Any children without these required exams will be excluded from school until the requirements are met. Please note that Sports Physicals will not work for these required exams. However, the physical exam will work for the sports physical.

Vision: Dated between August 18, 2022-October 15, 2023

Kindergarten vision exam **due October 15th.**

Dental: Dated between November 21, 2022-May 15, 2024

Kindergarten, 2nd Grade, and 6th Grade **due May 15, 2024**

Tuition Due- June 30, 2023

Tuition must be paid in full, or a payment plan must be established with the school through the FACTS Tuition-Management Program. (For returning families: a 10% late fee will be charged if a family's tuition is not paid in full or verification is not provided that you will make payments through Tuition-Management.)

St. Peter Preschool

Please spread the word we have openings in both afternoon 3- and 4-year-old programs.

1st Day School Supplies



[ST. PETER SCHOOL STUDENTS: Order Your School Supply Kit Now!](#)



Teacher Aide/Para Opening - St. Peter School

St. Peter School is accepting applications for a part-time Kindergarten teacher aide position daily from 7:45-12:45 Monday-Friday for the 2023-2024 school year. Applicants should have experience with young children. Responsibilities include working one on one with children, assisting the classroom teacher with instruction and supervision. Qualified applicants should send a cover letter, resume, and references to Mrs. Cindy Venvertloh, St. Peter School, 2500 Maine Street, Quincy, IL 62301.

GSA-THANK YOU

Thank you, Jenny Willingham, for serving as president for the past several years. We greatly appreciate all the time and effort that was given. We welcome Mandy McGee who will be taking on the president role. If you are interested in helping with the GSA, please reach out to Mandy or any GSA member.



Extracurriculars



Advance Physical Therapy FREE sports physicals

<https://www.signupgenius.com/go/60B0B4AABA62AABFE3-advance>

✓ Also, please print and fill out the IHSA Pre-Participation form and bring to your appointment.

<http://www.ihsa.org/documents/sportsMedicine/2022-23/PreParticipationPhysicalForm.pdf>

Quincy Medical Group-Free Sports Physicals **SEE ATTACHMENT**

Totus Tuus Camp June 11th-June 16th **SEE ATTACHMENT**

St. Peter Block Party May 20th 6:00-8:00 **SEE ATTACHMENT**

KROC Summer Sports Camp **SEE ATTACHMENT**

QND Sports Camps **SEE ATTACHMENT**

QND Football License Plate Fundraiser **SEE ATTACHMENT**

QU Girls Basketball Summer Camp **SEE ATTACHMENT**

Quincy Area Technical Career Camp **SEE ATTACHMENT**

Xcel Sports Training **SEE ATTACHMENTS**

Quincy Rush Soccer **SEE ATTACHMENT**

Northeast United Soccer **SEE ATTACHMENT**

John Wood Community College Basketball Camp **SEE ATTACHMENT**



Stewardship



Looking for a FUN way to get service hours and have a large impact on our parish and school community? **Volunteers would be able to shadow and learn this year and take over for picnic in 2024.*

The St. Peter Picnic is looking for chair-man/woman to help with one each of the following areas:

- Marketing – Social Media, graphic design & News outlet communications (Contact Sarah Stegeman 217-316-1456 for more information)
- Food & Drink – Main Food, Snack Stand, and Beer/Wine (Contact James Weisenberger 217-242-1608 for more information)
- Games – Kids games and Adult games (Contact Randy Martin 217-653-3538 for more information)
- Finance – Raffle and Sponsorships (Contact Teresa Baker 217-653-9936 for more information)

Spirit Day 2022-2023

This year we celebrated 9 Spirit Days. Students and Staff collected **\$2,349.52** for donations to Kidz Pack, CareNet, Catholic Charities, & Jackson Lincoln Pool. Thank you for participating!

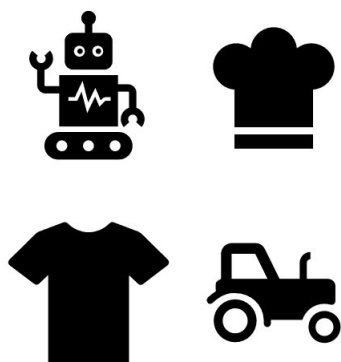
#Get Talking Quincy SEE ATTACHMENT

Connect more deeply to those around you and enter a weekly drawing for a \$50 gift card. Sponsored by The Tracy Family Foundation and the Quincy Family YMCA.

QPS Crossing Guard Openings-SEE ATTACHMENT

2023 CAREER CAMP

HANDS-ON CAREER
EXPLORATION FOR
STUDENTS ENTERING
6TH TO 8TH GRADE



Quincy Area Vocational Technical Center

219 Baldwin Dr

Quincy, IL

Four sessions to choose from:

<u>Session 1:</u>	June 5th through 8th	8:30-11:30 am
<u>Session 2:</u>	June 5th through 8th	12:30-3:30 pm
<u>Session 3:</u>	June 12th through 15th	8:30-11:30 am
<u>Session 4:</u>	June 12th through 15th	12:30-3:30 pm

If not enough students sign up for a session, you may be asked to attend a different session.

The 2023 QAVTC Career Camp is intended for students going into 6th, 7th or 8th grade for the 2023-2024 school year.

Camp Fee: \$25 per session (due first day of chosen session) To register scan the QR code or go to www.qps.org, click on Our Schools and select QAVTC. Under Quicklinks on the bottom right of the screen, click on “2023 Career Camp Registration”. Registration forms may also be picked up at the QAVTC office. Please call 217-224-3775 x 1802 for more information.



Session 1 and Session 2 (Week of June 5th-8th)

Monday—Agriculture: Students will do fun hands-on activities to learn how agriculture impacts their daily lives.

Tuesday—Robotics: Students will learn to design, build and program LEGO® MINDSTORMS® Education EV3 Core.

Wednesday—Foods: Students will learn basic sanitation for the kitchen. They will bake cookies and make cookies in a jar to go.

Thursday—STEM: Students will do a hands-on STEM project.

Session 3 and Session 4 (Week of June 12th-15th)

Monday—Agriculture: Students will do fun hands-on activities to learn how agriculture impacts their daily lives.

Tuesday—Robotics: Students will learn to design, build and program LEGO® MINDSTORMS® Education EV3 Core.

Wednesday—Foods: Students will learn basic sanitation for the kitchen. They will bake cookies and make cookies in a jar to go.

Thursday—Graphic Design: Students will create their very own logo and screen print a t-shirt.



QND CHEER CAMP

JULY 24-27

**Camp held nightly from 6-8pm (rain or shine) at
QND, 1400 S. 11th St. in front of school**



Camp is open to children 3 years old to 8th grade!

- Check-in begins at 5:15 on Monday, July 24.
- Please send attached form & payment by July 10 to the below address or email Coach Grace Peters at petersgra96@gmail.com.
- Pre-registration is NOT required to attend camp. However, you must be pre-registered by July 10 to ensure your child gets a t-shirt.
- QND Cheer Dads will be grilling on Thursday the 27th from 5-6p. Cost for campers is included in the camp fee. Food will be available for families at a minimal cost!

\$40

PER CAMPER

\$35 for each additional child
in same family

Cost includes: Camp, T-shirt, Snacks & Dinner on
Thursday the 27th with the QND squad from 5-6p.
Campers will perform at 6:30 on the 27th!



**Mail or email forms &
payment to:**
QND Cheer
Attn: Coach Grace Peters
1400 S 11th St.
Quincy, IL 62301
petersgra96@gmail.com

2023 QND Football License Plate Fundraiser

This is your chance to support QND Football with a Special Event Custom Vanity License Plate! This plate will be available for display 8/18/23 to 10/20/23 for Illinois Registered vehicles. There will be a \$50.00 fee per set of plates.

**ALL ORDERS MUST BE PLACED BY THURSDAY, JUNE 1.
ONLY 350 SETS OF PLATES WILL BE SOLD THIS YEAR.**

You must carry your current plate with all license fees paid on your vehicle, while the special event plate is on your vehicle. No plates will be given out if your current plate expires during the display period until all fees are paid and verified.

Plate is for passenger vehicles and trucks that currently have a "B" plate. The series on the plate is 5 characters; they can be alpha, numeric, or both.

Example combinations (Up to 5 characters):

QND23
NDFB1
QNDFB
NDDAD
12345
NDMOM



How to order your special event vanity plate:

Fill out all required fields on form. All fees and documentation must be submitted by Thursday, June 1, 2023. Please mail completed form to: Quincy Notre Dame, Attn: Jack Cornell, 1400 South 11th, Quincy, IL 62301.

Please submit the following with your request:

- Attached order form (one form for each set of plates that have been requested)
- \$50.00 per set (multiple set payment may be paid on one check)

**Payments can be submitted via check made payable to QND Football, or via Venmo to @JackCornell73*

**QND Football has the right to refuse any plate request that is vulgar or inappropriate. QND administration has final say on any disputes or denials on applications.*

**Plates will be assigned on a first come first serve basis. Please fill out your top 3 choices in case there are duplicates.*

**Any questions, comments, or concerns can be sent to jcornell@quincynotredame.org*

QND Football Custom Vanity License Plate Order Form

Fill out all required fields below. All fees and documentation must be submitted by Thursday, June 1, 2023. Please mail completed form to:

Quincy Notre Dame, Attn: Jack Cornell
1400 South 11th Street
Quincy, IL 62301

1ST CHOICE: Event Plate Number

What you want displayed on the license plate; Limited to 5 characters.

See examples above. If duplicates are requested, whoever signed up first will get 1st choice.)

2ND CHOICE: Event Plate Number

(What you want displayed on the license plate; Limited to 5 characters.

See examples above. If duplicates are requested, whoever signed up first will get 1st choice.)

3RD CHOICE: Event Plate Number

(What you want displayed on the license plate; Limited to 5 characters.

See examples above. If duplicates are requested, whoever signed up first will get 1st choice.)

* (Current) Regular IL Plate Number: _____

* (Current) Plate Expiration Month/Year: _____

* Name of Registered Owner: _____

* Address: _____

* City: _____

* State: _____

* Zip: _____

* Vehicle Year: _____

* Vehicle Make: _____

* Driver's License Number: _____

* Current Player or Coach Associated with this License Plate: _____

* Phone: _____

****required field***

2023 QND Summer Sport Camps & Events

Girls Individual Soccer Camp

June & July: Mondays & Wednesdays

Coach Mark Longo, mlongo@qndhs.org

8:00 am - 10:00 am

Grades 4th - 8th

QND's Advance Physical Therapy Field

\$175 per camper (Register before May 26)

Girls Volleyball Camp

June 21 - 23

Coach Courtney Kvitle, ckvitle@qndhs.org

Grades 3rd - 5th - 8:30 am - 10:00 am

Grades 6th - 8th - 10:30 am - 12:00 pm

QND Gymnasium

\$70 per camper, includes camp shirt

Girls Basketball Camp

June 5 - 7

Coach Eric Orne, athletics@qndhs.org

9:00 am - 10:30 am

Grades 3rd - 8th

QND Gymnasium

\$70 per camper, includes camp shirt

22nd Annual Raider Challenge

June 24 - 7:30 am

5K and 10K combination road/cross country race or walk that begins and ends at QND.

<https://runsignup.com/Race/IL/Quincy/RaiderChallenge>

Fun Run Mile (13 and under)

Football Camp

June 5 - 7

Coach Jack Cornell, jcornell@qndhs.org

9:00 am - 11:30 am

Grades 4th - 8th

QND's Advance Physical Therapy Field

\$60 per camper

Boys Soccer Camp

July 24 - 27

Coach Greg Reis, greg17.reis@gmail.com

6:30 pm - 8:00 pm

Grades K - 6th

QND's Advance Physical Therapy Field

\$60 per camper, includes camp shirt
(pre-register to guarantee shirt size)

Boys Basketball Camp

June 12 - 14

Coach Kevin Meyer, qndbasketball@gmail.com

Grades 1st - 4th - 8:30 am - 10:00 am

Grades 5th - 8th - 10:30 am - 12:00 pm

QND Gymnasium

\$60 per camper, includes camp shirt

Cheerleading Camp

July 24 - 27

Coach Grace Peters, petersgra96@gmail.com

6:00 pm - 8:00 pm

Ages 3 years - 8th grade

QND Front Lawn

\$40 per camper (\$35 for additional child) & includes shirt/snack

Boys Baseball Camp

Coach Rich Polak, coachrichcg@gmail.com

June 19

Grades 3rd - 5th - 9:30 am - 12:00 pm

June 20

Grades 6th - 8th - 9:30 am - 12:00 pm

QND's Ferd Niemann Jr. Memorial Ballfield

\$30 per camper

Greater Raider Open

July 30 - 1:00 pm - Westview

Coaches Jason Knuffman and Brian Hendrian
jknuffman@gmail.com & b_hendrian@yahoo.com

Five-person scramble including one high school player assigned to each team.

\$125 per player

Visit QuincyNotreDame.org for registration forms.



**5th - 6th & 7th - 8th Grade Football
2023 Registration Form**

Players Name: _____

Address: _____

Current School: _____ **Cell Phone:** _____

Grade (Fall 2023): _____ **Date of Birth:** _____

Dad Name: _____ **Mom Name:** _____

Cell # _____ **Cell #** _____

e-mail: _____ **e-mail:** _____

- ❖ Registration, waiver, & \$175 fee must be turned in by 8/1/2023
- ❖ Health Physical must be turned in prior to participating in 1st practice
- ❖ Checks should be made out to Quincy Parochial Youth Football
- ❖ Registration form, waiver, physical, and check can be mailed to:
Quincy Parochial Youth Football
2300 S. 48th St.
Quincy, IL 62305
- Coaches will communicate via TeamApp before & during the season on scheduling details, important dates, etc. You can install on your smart phone by searching for 'Quincy' and selecting 'Quincy Raiders Youth Football,' (the app has a blue background and red T). We will need your e-mail address on the registration form to be able to approve.
- Some important dates for the upcoming season include –
First optional workout – Thursday, 7/6
Equipment handout and first practice – Thursday, 7/27
First game – weekend of 8/19
Championship Weekend/Final games – weekend of 10/7

Camp Director

Brad Hoyt has 20 years of college coaching experience. Coach Hoyt is currently the Athletic Director/Head Men's Basketball Coach at John Wood CC. Coach Hoyt has been a head coach at the NAIA and the NJCAA level. Over the course of the past eight seasons, the Trail Blazers have won four conference championships, four Region 24 tournament titles, and four trips to the NJCAA DII National Tournament. In those previous eight seasons, the Trail Blazers have had 22 All-Region selections, including 7 Players of the Year in both the Region and the Conference, four Freshmen of the Year selections, as well as 7 All-Americans. Coach Hoyt has been named the Coach of the Year in Region 24, in the Mid West Athletic Conference, and by the Illinois Basketball Coaches Association multiple times.



Camp Overview

This Summer's camp week will be a three-day week focused on group teaching, individual attention, and competition. We will have competition, teaching, and interaction with all of the campers.



"We are committed to providing detailed instruction and attention to all of our campers. If you are looking for a week of feedback, fundamentals, some competition and fun – this is the place to be!"

Head Coach Brad Hoyt

THE BLAZER CAMP WAY:



Camp Costs & Times

Morning Session:

Boys & Girls entering grades 2nd – 5th

9:00 am – Noon, June 26-28

Check-In 8:45-9:00 on June 28th

- \$75 Registration

Afternoon Session:

Boys & Girls entering grades 6th – 9th

1:00 pm – 4:00 pm, Noon, June 26-28

Check-In 12:45-1:00 on June 26th

- \$75 Registration

CAMP FEATURES

- Trail Blazer Basketball Camp T-shirt
- Individual & Team Play
- **NEW LAST 8 YEARS: DAILY EMAILS SENT TO PARENTS AFTER EACH CAMP DAY!**



Camp Objectives & Location

CAMP OBJECTIVES



The camp is designed to teach basic and advanced skills of basketball according to age and ability. Emphasis is placed on fundamentals with a great amount of personal instruction from the coaching staff and players. The camp does have space limitations and all campers need to pre-register.



CAMP LOCATION

The Camp will take place in the John Wood Community College Student Athletic Center. An observation area is available for parents & family members to view the camp. It is located at 1301 S 48th Street, Quincy, IL (217) 224-6500.

WHAT TO BRING/GENERAL INFO

- ♦ Wear your basketball shorts, shirt, socks, and shoes. We will give out camp t-shirts on Wednesday. You may want to bring a water bottle.
- ♦ Camp pictures will be taken along with an awards ceremony the last 30 minutes of camp on Wednesday.

Student Activity Center



Camp Registration

Name: _____ Grade Entering Fall 2023: _____

Street: _____ City: _____ State: _____ Zip: _____

Phone: (____) _____ School: _____ Email: _____

Parent's Names: _____ Parent's Work Phone: _____

Blazer T-Shirt Size: (circle one) Adult Sizes S M L XL Youth Sizes S M

CAMP FEE:

_____ \$75 Camp Registration 1st– 5th Grades (Morning Session--3 Hours per day)

_____ \$75 Camp Registration 6th – 9th Grades (Afternoon Session--3 Hours per day)

CAMP RELEASE AGREEMENT:

I hereby authorize the John Wood Basketball Camp staff to act accordingly to their best judgment in any medical emergency and I hereby waive and release the said camp, its directors, and the basketball academy from any and all liability and injuries or illness incurred to my child while attending camp. The cost for treatment of injuries or hospitalization for illness or injuries incurred during the camp will be the sole responsibility of the parent or guardian of the participant. Any insurance carried by the parent or guardian may be used to defray such medical hospital costs. I also hereby irrevocably authorize the John Wood Community College Board of Trustees, its assigns and those acting under its permission and with its authority, to copyright, use, and publish, for art, advertising, information, educational purposes, trade, and any lawful purpose whatsoever, photographic pictures, videotapes, software, sound recordings of me or in which I may be included in whole or in part, or composite or distorted in character or form, in conjunction with my own or a fictitious name, or reproductions thereof in color or otherwise, made through any medium and taken at any location of John Wood Community College.

Parent's Signature: _____ Date: _____

Please note any medical conditions that we should be aware of: _____

Make checks payable and return to:

John Wood Trail Blazer Basketball Camp
Business Office
1301 S 48th Street
Quincy, IL 62305

For more information, please call: 217-641-4975
DUE TO LIMITED SPACE AVAILABLE, EARLY REGISTRATION IS ENCOURAGED.

John Wood Community College

Trail Blazer Basketball Camp



Morning Session

Boys/Girls entering 2nd – 5th grades
Monday – Wednesday
June 26th – 28th
9:00 a.m. to 12:00 p.m.

Afternoon Session

Boys/Girls entering 6th – 9th grades
Monday – Wednesday
June 26th – 28th
1:00 p.m. to 4:00 p.m.



JOHN WOOD
COMMUNITY COLLEGE

2023-2024

St. Peter School

K-8th Grade Calendar

Sunday, August 13	Kick off the School Year Mass at 5:00 p.m. followed by short visit to classroom to drop off supplies.
Wednesday, August 16	First 1/2 day with early dismissal for grades K-8 at 11:30 a.m. AM BUS SERVICE only Parents will need to pick up students at 11:30 dismissal. NO DAYCARE Kindergarten (1 st part of alphabet – <u>KN class</u> w/last names TBD , <u>KS class</u> TBD ,
Thursday, August 17	3yr old Preschool begins – ½ attend (1 st part of alphabet – <u>AM class</u> w/ last names TBD ; <u>PM class</u> TBD 4yr old Preschool – ½ attend (<u>AM class</u> w/ last names TBD , <u>PM class</u> w/ last names TBD K has ½ day (2 nd part of the alphabet – <u>KN class</u> w/last names TBD , <u>KS class</u> TBD) First Day of Daycare for grades K-8 in the am and 1-8 in the pm <u>NO BUS SERVICE</u> for K at 11:30 dismissal..
Friday, August 18	½ Day for all Kindergarten students – 11:30 dismissal – no pm daycare for Kindergarten Grades 1-8 dismiss at 2:50 4yr old Preschool (second ½ alphabet attend: <u>AM class</u> w/ last names TBD , <u>PM class</u> last names TBD First Full Day for Kindergarten 3yr old Preschool (second ½ alphabet attend- AM class w/ last names TBD ; <u>PM class</u> TBD 4yr old Preschool – all attend 3yr old Preschool – all attend
Monday, August 21	St. Peter Parish Picnic 5:00pm-Midnight
Tuesday, Aug. 22	NO SCHOOL - Labor Day
Saturday, August 26	City-Wide Mass – held at QND at 9:30 a.m. No PM bus service No School – Teacher’s attending Quincy Conference School is in Session – NO BUS SERVICE Parent-Teacher conferences held after school ½ day school - Parent-Teacher Conferences (FULL BUS SERVICE) 11:30 dismissal No School
Monday, September 4	NO SCHOOL - Labor Day
Tuesday, September 26	City-Wide Mass – held at QND at 9:30 a.m.
Thursday, October 5	No PM bus service
Friday, October 6	No School – Teacher’s attending Quincy Conference
Monday, October 9	School is in Session – NO BUS SERVICE
Monday, Oct. 23-25	Parent-Teacher conferences held after school
Thursday, October 26	½ day school - Parent-Teacher Conferences (FULL BUS SERVICE) 11:30 dismissal
Friday, October 27	No School
Wednesday, November 22	NO SCHOOL – Thanksgiving Break
Thursday, November 23	Thanksgiving Day – NO SCHOOL
Friday, November 24	Thanksgiving Vacation continues – NO SCHOOL
Wednesday, Dec. 20	½ day of School – 11:30 dismissal
Thursday, Dec. 21-Jan. 3	Christmas Break
Tuesday, January 4	School Resumes – FULL BUS SERVICE
Monday, January 15	NO SCHOOL - Martin Luther King Jr.’s Birthday
January 28 – February 2	Catholic Schools Week
February 1 – February 15	Religion Assessments Grades 5 and 8
Friday, February 16	NO SCHOOL – Teacher Inservice Day
Monday, February 19	NO SCHOOL – President’s Day
March 25-April 1	Spring/Easter Break
Tuesday, May 14	8 th Grade Graduation – 6 p.m.
Tuesday, May 21	Last Day for 3 and 4-year-old Preschool for St. Peter
Wednesday, May 22	Last Day for K-7 if NO snow days are used (If last day, Picnic Day with 12:00 dismissal NO BUS SERVICE)
Monday, May 27	Memorial Day – NO SCHOOL
Thursday, May 30	Last Day if 5 snow days are used.

(5 Emergency Days are built in this calendar. If no emergency days are used, the last day could be Thursday, May 30.)

185 Total Days = 176 days, 4 Teacher Inservice days, 5 snow/emergency days

Map Testing Dates: Aug.1-Nov.30, & April 1-30

MIDTERM/QUARTER/REPORT CARD DISTRIBUTION DATES

<u>Midterm Date</u>	<u>Midterms Distributed</u>	<u>Quarter Ends</u>	<u>Report Cards Distributed</u>
September 8, 2023	September 15, 2023	First - October 13, 2023	Week of October 23, 2023
November 17, 2023	November 21, 2023	Second – December 20, 2023	January 5, 2024
February 2, 2024	February 9, 2024	Third - March 15, 2024	March 22, 2024
April 19, 2024	April 26, 2024	Fourth – Last day of School	Last day of School

2023-2024
St. Peter School
K-8th Grade Calendar

QND CHEERLEADING KIDDIE CAMP REGISTRATION FORM

NAME: _____

AGE: _____

GRADE & SCHOOL: _____

PARENT/GUARDIAN: _____

PHONE #: _____

ADDRESS: _____

CITY/STATE: _____

IN CASE OF EMERGENCY CONTACT: _____

PHONE #: _____

T-SHIRT SIZE: (circle one)

Youth sizes: S M L Adult sizes: S M L XL

ALLERGIES or MEDICAL CONDITIONS:

List Allergies and/or Medical Conditions _____

In the consideration of the permission granted to my child by Quincy Notre Dame High School, Quincy IL to participate in the QND Cheer Camp. I hereby release and discharge QND, its agents, employees, and officers, from all claims, demands, and actions which the undersigned ever had or now has, or may have, or which the injuries, known or unknown injuries to the property causes by or arising out of the above described sport activity. I further acknowledge that I have adequate medical insurance to cover any medical cost relating to injury or accident rising from participation in the above mentioned sport activity. In case of injury to my child, permission is granted to the attending physician

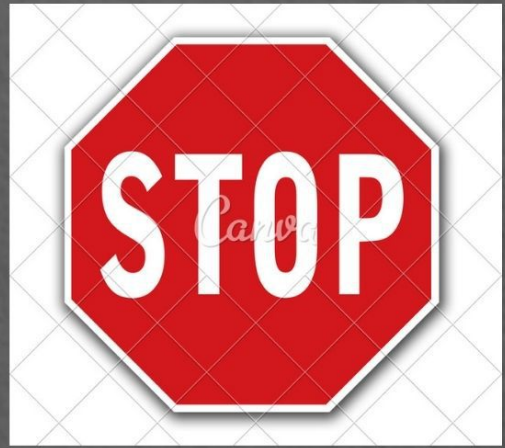
to contact me in the most expeditious way possible. If communication with said physician is not possible. I authorize the treatment necessary for the best interest of my child, QND Cheer and its coaches are not responsible for accidents.

Name of Parent/Guardian

Signature of Parent/Guardian

Date

For more information,
please contact:
Coach Grace Peters
217-779-8238
petersgra96@gmail.com



Quincy Public School District

WE'RE HIRING CROSSING GUARDS!

Apply online at
www.qps.org
or contact our
Security Department
to learn more
217-228-4084



- 1.5 hours (\$31.68/day)
- Part time
- Greet students
- Ensure safety

Get Talking!

to Connect More Deeply to
Those Around You and Win a
\$50 Gift Card



There are very few opportunities in our fast-paced lives when we slow down and connect with those around us. Sharing a meal together is one of them! Eating together is the most reliable way for families, couples, and friends to connect and find out what's going on with each other. For instance, in a recent survey, American teens were asked when they were most likely to talk with their parents: dinner was their top answer.

Get Talking! is a new initiative in Quincy to help people have more meaningful conversations while dining out. The project is a collaboration between the Tracy Family Foundation and the Quincy Family YMCA and is inspired by The Family Dinner Project, which encourages food, fun, and conversation about things that matter.

20+ participating Quincy restaurants now have Get Talking! table tents on their dining tables. The table tents include a QR code that links to questions for families, couples, and friends. When participants ask each other the questions and upload a photo or video to Facebook or Instagram with the hashtag, #gettalkingquincy, they will be entered into a weekly drawing for a \$50 gift card. The social media post must be viewable to the public. Participants are eligible to win multiple times through the end of 2023. Restaurants will continue to be added to the list of participating restaurants as new restaurants express a desire to participate.

A meal is a unique time when a parent and child, a couple, or friends can share a positive experience with one another – a well-cooked meal, a joke, or a story – and these small moments can gain momentum to create stronger connections away from the table.



PARTICIPATING RESTAURANTS



Boodalu Steakhouse
Cassano's Pizza King
Coach House Restaurant
Electric Fountain Brewing
Kelly's Tavern
Lucky Dogs

Native Grill & Wings
Riverside BBQ & Grill
Tangerine Bowl and Sports Bar
Taqueria Arandas
TCBY
The Scoreboard

Thyme Square Bakery & Cafe
Tiramisu
Tony's Too
Tropical Smoothie Care
Village Inn
Zoup!



JUNIOR XCEL CLASS



We are your expert in providing the best workouts for your body and your goals.

STARTING: JUNE 5

MONDAY & WEDNESDAY 5-6 PM

TUESDAY & THURSDAY 12-1 PM & 6-7PM

WE OFFER

CONTACT US NOW



217-214-3482



chris@xcelperform.com
cameron@xcelperform.com



State & 8th Plaza,
Suite 2LL, Quincy IL,
62301



ASSESSMENT

An assessment is performed on every individual to find weaknesses and muscle imbalances. This helps us find out where the individual's starting point should be.



MONITORED WORKOUTS

Workouts are monitored by a strength coach to make sure everyone is performing the exercises right. Workouts include speed, agility, strength, power, stability, and mobility.



GROUP TRAINING

Kids will be introduced to resistance training in a group setting so they learn proper form and technique of lifting. This will help ensure they have proper mechanics later in life when working out.



RESPONSIBILITY

The kids are required to keep track of the weights they lift and write it down on their workouts. This helps teach them responsibility and lets them track their own progress.

<https://www.xcelperform.com/strength-and-conditioning/jr-xcel/>

XCEL WITH US

Free School Delivery

Get free school delivery for any order! The Music Shoppe's delivery network reaches over 400 schools on a weekly basis. Ask your music director to find out when we make our weekly visits.

Orders can be placed on www.TheMusicShoppe.com, or you can **call** or **text** The Music Shoppe nearest you. There's no minimum order amount, and this service is available for all students—no rental required!



Our Illinois service area is the largest of any music store.

Order your Instrument Online

Visit our website to rent an instrument and get the accessories needed for your band program all in one go! Scan the **QR code**, or visit www.TheMusicShoppe.com and select **Instrument Rentals** from the top menu.



In the years ahead...

If your student is excelling in band and wants to upgrade their instrument, our Bravo! rental program can help you make the switch! You can roll over rental equity to an intermediate or professional level instrument, referred to as "Step-Ups," at any time. Some exclusions apply.

Why Step-Up? Student-level instruments are designed to help players get off to a great start and are built to be durable- some bumps and bruises are expected as they learn to handle the instrument!

Step-Up instruments are hand-crafted from finer materials, and offer a wider palette of sounds in the

hands of an experienced player. For musicians that want to play their very best, a step-up instrument may be what they need.

If you are considering a Step-Up, playtests can be scheduled in store, or we can deliver instruments to your student's school to try out with the band director.

THE Music SHOPPE INC.

Specializing in Service to Music Education since 1961

1540 E College Ave, Normal	309-452-7436
27 E Marketview Dr, Champaign	217-356-8005
2940 Constitution Dr, Springfield	217-529-4840

In addition to band & orchestra, we are proud to be a full-line music store offering guitars, drums, digital pianos, sound, print music, lessons, repair, and more.

Instrument Rentals for Band



THE Music SHOPPE INC.

This will be a milestone

Research continues to show that music is fundamental to a great education. No other subject can inspire creativity, teamwork, social growth, or leadership like music. But there's also a much simpler reason to pick up an instrument: **Music is fun!**

Our advice: jump in with both feet. Joining band is a life-changing experience, and we can't wait for you to find out what it's all about.

Years from now looking back, **this will be a milestone.**

About The Music Shoppe

The Music Shoppe is Central Illinois' largest and oldest family-owned music retailer. Founded in 1961, we have upheld our motto, "Specializing in Service to Music Education," by putting school band and orchestra first.

This includes creating an industry-leading instrument rental program, built around getting high-quality instruments into the hands of students at an affordable price. As a small business that values personal relationships, we offer more choice and flexibility than our competitors.



Tom Wood, left, founded The Music Shoppe after purchasing Noonan Music from his former college drum professor, John Noonan, right. Over 60 years and two generations later, The Music Shoppe has expanded to three locations and services over 400 schools across Illinois.

Basics of Renting

All instrument rentals from The Music Shoppe are **commitment-free**. If your student's musical interest changes, you may apply payments toward another band instrument, or you can return it at any time to stop your monthly payment. There is no fee for changing or returning your instrument.

Rentals begin with a simple one-month down payment.

After the first month, your payment will be determined by your chosen instrument and rental plan.

Down Payment

— \$29 —

Flute, Clarinet, Trumpet,
Trombone, Small Percussion

— \$49 —

Oboe, Saxophones, French Horn,
Baritone, Tuba, Large Percussion

**For monthly rates
thereafter, please see
store or website:
TheMusicShoppe.com**

Rent-to-Own Program

With our Rent-to-Own program, you choose your monthly payment! Instruments are available in several categories that are distinguished by brand and condition.

No matter which category you choose, you will receive a director-approved instrument that has been serviced by our in-house repair department to ensure that it plays great.

While renting, **100%** of your rental principal applies toward purchase. If you would like to pay your rental off early, we offer a **30% early payoff discount** on the remaining balance.

Rent-to-Own Categories

Platinum: New instruments from the top manufacturers.

Gold: New, mid-priced models, or gently-used Platinum instruments.

Silver: New, popularly-priced models, or gently-used Gold.

Bronze: Previously rented instruments that show cosmetic wear.

Rent-to-Rent Option

An affordable rent-to-rent option is available on the following instruments: **Oboe, Tenor Sax, French Horn, Baritone, and Tuba.**

Rentals go month-to-month for as long as you like. The first 14 months of rental fees build equity to use toward purchase whenever the time is right for you and your student. Equity may be applied toward outright purchase or a customized Rent-to-Own agreement.

Please contact The Music Shoppe if you're interested in learning more.

Optional Repair Coverage

Over the course of rental, repairs will be necessary to keep the instrument in proper playing condition. Renters have the choice to pay for repairs as needed, or they can choose our optional **Maintenance & Replacement** coverage to waive the fees for repairs.

M&R covers normal wear & tear, accidental damage, and loss by fire or flood. Even certain accessories such as mouthpieces, ligatures, mallets and drum sticks are covered!

M&R coverage is \$6 or \$8 per month, depending on the instrument.



SIGN UP NOW!

@ nuscsoccer.com

- 2013 boys & girls
- 2014 boys & girls
- 2015 boys & girls

REGISTRATION
5:30 pm

TRYOUTS
6:00-7:15 pm



- 2010 boys
- 2011 boys & girls
- 2012 boys & girls

REGISTRATION
6:15 pm

TRYOUTS
6:45-8:00 pm

Northeast United Soccer Club

2023-2024 season

TRYOUTS

Wednesday, June 7

Boots Bush Park ~ Quincy, IL

contact@nuscsoccer.com

217-653-3636





The Music Shoppe, Inc.

27 E Marketview Dr.

Champaign, IL

Call 217-356-8005

Please join us at our

PMO Band Open House

Tues. May 16th

4:30-6:30 pm

QND Band Room

Meet your
band
teachers for
2023-2024!

Discuss
instrument
rental &
purchase
options

Mrs. Steinkamp will be available to answer questions and discuss options.



- Small group lessons weekly at grade schools
- Group rehearsals @ QND
(*Beginners start Oct. 3rd*)
 - o Tuesday evenings
 - o 5th Grade Beginners: 3:30-4:15 pm
 - o 6th- 8th Concert Band: 4:30-5:30 pm
 - o 6th-8th Jazz Band: 5:30-6:00 pm

2023-2024 Concerts: December 4th and May 2nd

Your Child + Music = Success!

This is a math problem that's not hard to figure out. We all want our kids to experience success in school and in life, and a little music goes a long way toward achieving that goal!

Students involved in music:

- get higher grades
- score higher in math
- have higher test scores
- have higher graduation rates
- do better with foreign languages

Music does more than just make sounds, it changes the way young people think and behave. The skills your child will learn in music will help them be successful on the stage, in the classroom, and for the rest of their lives.

"If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music." - Albert Einstein

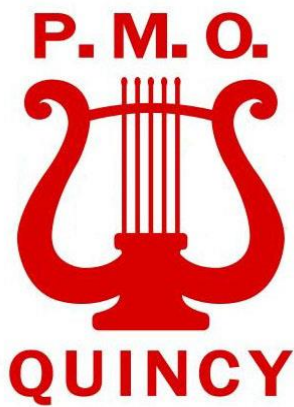
Can't make the open house?

Contact Jill Steinkamp with any questions:

jsteinkamp@quincynotredame.org or 217-223-2479

More info and videos at:

www.bepartofthemusic.org



Parochial Music Organization

BAND REGISTRATION

Cadet (Beginner) Band Tuition - \$175.00

Concert (6th-8th) Band Tuition - \$200.00

(tuition check payable to PMO)

**PMO polo shirt, music books, folders, reeds, oils,
cleaning supplies included*

Band Rehearsals

Located at QND

Tuesdays

Beginners (3:30-4:15)

6th-8th Concert (4:30-5:30)

Jazz Band (5:30-6:00)

In our programs, students are provided the opportunity to perform with their peers and experience music conducted by professional staff. The PMO bands and choirs are designed to enhance the music curriculum in our parochial schools, promote future interest in and support of the QND high school music program, and, most importantly, begin a lifetime of participation in music!

Student _____ **School** _____

Grade _____ **Instrument** _____

Parent/Guardian _____

Address _____

Home Phone _____ **Cell Phone** _____

Email _____

Parent/Guardian _____

Address _____

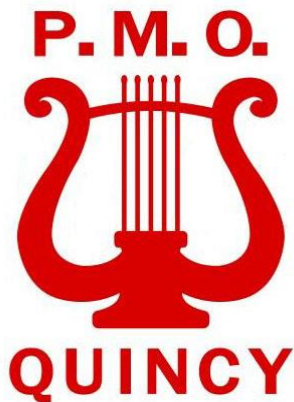
Home Phone _____ **Cell Phone** _____

Email _____

+++++

(office use only)

_____ **Concert** _____ **Cadet** **Paid on** _____ **Check #** _____



Parochial Music Organization

CHOIR REGISTRATION

Choir Tuition - \$125.00

(tuition check payable to PMO)

**PMO polo shirt, music, and concert folder included*

Choir Rehearsals

Located at QND

QND on Wednesdays

7th/8th (3:30-4:15)

4th/5th/6th (4:15-5:00)

In our programs, students are provided the opportunity to perform with their peers and experience music conducted by professional staff. The PMO bands and choirs are designed to enhance the music curriculum in our parochial schools, promote future interest in and support of the QND high school music program, and, most importantly, begin a lifetime of participation in music!

Student _____ School _____

Grade _____ Do you play an instrument? _____
(name of instrument)

Parent/Guardian _____

Address _____

Home Phone _____ Cell Phone _____

Email _____

Parent/Guardian _____

Address _____

Home Phone _____ Cell Phone _____

Email _____

+++++

(office use only)

_____ Concert _____ Cadet Paid on _____ Check # _____



2023 UPDATED SUMMER CAMPS

Kids Camp Grades 1st-4th

JUNE 5th - 7th
9AM - 12PM



Kids Camp Grades 5th-8th

JUNE 5th - 7th
1PM - 4PM

Questions? Contact Assistant Coach Brooke Bailey: b.bailey59@quincy.edu

QUINCY RUSH TRYOUTS

Come tryout for this next season of Quincy Rush soccer (formally Quincy United). Students going into 2nd grade through High School are welcome. Tryouts begin May 21.

ANY INCOMING 2ND-8TH GRADER IS WELCOME.
TRYOUTS START MAY 21. FOR MORE INFORMATION
AND TO REGISTER FOR TRYOUTS VISIT
QUINCYUNITEDSOCCER.ORG

CHECK OUT OUR HIGH
SCHOOL PROGRAM

QUINCYUNITEDSOCCER.ORG



QUINCYUNITEDSOCCER.ORG

QND Boys Basketball Camp

June 12th-June 14th, 2023

1st -4th Grade: 8:30-10:00 am

5th-8th Grade: 10:30-12:00 pm

Cost: \$60 includes camp shirt

Mail Information to:

Kevin Meyer, QND Boys Basketball

1400 S. 11th Street

Quincy, Il 62301

Forms due by May 31st

email: qndbasketball@gmail.com

Camper Name: _____

Parent name/number: _____

Camper grade entering **Fall of 2023:** _____

Circle Camper shirt size: **YS YM YL S M L XL XXL**

I _____, understand that basketball is a sport and injuries sometimes occur. I will not hold QND or its personnel responsible for any injury that may occur to my son(s) _____ at the basketball camp. I also grant permission for the people in charge to seek and administer medical help for any injury that may occur. I also understand that I will be notified of any injury as soon as possible.

Please Note any Medical Information we need to know:

Parent Signature _____ Date _____



XCEL SPEED & AGILITY TRAINING

*We are your expert in
providing the best workouts
for your body and your goals.*

**MAXIMUM
VELOCITY**



**CHANGE OF
DIRECTION**

WE OFFER

CONTACT US NOW



217-214-3482



chris@xcelperform.com



State & 8th Plaza,
Suite 2LL, Quincy
IL, 62301



RUNNING FORM

Chris helps break down running form into simple, understandable steps so the client can learn each part. Chris will start with the basics and then progress the client as they are ready.



MEASURABLE TIME

XCEL has motion-sensored timers that allow us to track the progress and speed of the athletes. You can continuously track and know for sure if you are getting faster.



1-ON-1 OR GROUP

Athletes are allowed to work on running form 1-on-1 with Chris or can train as a group. Groups are beneficial for athletes on the same team or the same sport.



XCEL SPORTS PERFORMANCE WORKOUTS

*We are your expert in
providing the best workouts
for your body and your goals.*

**INDIVIDUALIZED,
CUSTOM
WORKOUTS**



**EXPLOSIVE
TRAINING**

WE OFFER

CONTACT
US NOW



217-214-3482



chris@xcelperform.com



State & 8th Plaza,
Suite 2LL, Quincy IL,
62301



ASSESSMENT

An assessment is performed on every individual to find weaknesses and muscle imbalances. A custom, individualized workout is then made for each individual based on this assessment.



PERSONALIZED WORKOUTS

We make individualized workouts based on your body, your assessment findings, and your athletic needs. You work on what YOU need to work on. Workouts include strength, speed, power, stability, and mobility.



PERIODIZATION

Periodization is utilized to allow for efficient training adaptations and prevent overtraining. This optimizes performance for competition.



PREHAB WORK INCLUDED

Prehab exercises are included in each workout to prevent athletes from getting injured and being overtrained.

<https://www.xcelperform.com/fitness-training/>

XCEL WITH US

FREE SPORTS PHYSICALS



QUINCY, IL

Wed, May 31

Tue, July 25

5:30 – 8:30 p.m.

(217) 222-6550, ext. 3282 | 1118 Hampshire St

MT. STERLING, IL

Tue, May 23

Thu, July 27

1 – 4:30 p.m.

(217) 773-3963 | 216 Pittsfield Rd

CALL TO SCHEDULE YOUR APPOINTMENT!

APPOINTMENTS REQUIRED

VISIT [QUINCYMEDGROUP.COM/SPORTS](https://quincymedgroup.com/sports) TO DOWNLOAD THE PRE-PARTICIPATION FORM



QUINCY MEDICAL GROUP
Orthopedics & Sports Medicine

[QUINCYMEDGROUP.COM/SPORTS](https://quincymedgroup.com/sports)



ST. PETER PICNIC

Food. Fellowship. Fun.

Saturday, August 26 | 5 P.M. - Midnight

at the St. Peter Campus

2600 Maine Street | Quincy, Illinois

50/50 RAFFLE • SILENT AUCTION • BASKET RAFFLE

\$5,000 IN CASH PRIZES

BEER 

 **WINE**

FOOD 

GAMES FOR
 **ALL AGES**

CO-HOSTED WITH

LIVE BAND 8:00 - 11:30 PM

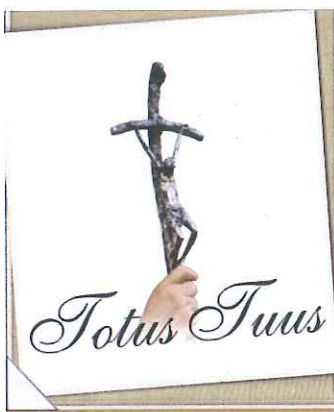


Save the Date for Totus Tuus 2023

St. Francis School

June 11th - June 16th

Join us for a dynamic and Catholic Summer Faith Experience!



Kid's Day Camp (9am - 2:30pm)

(for children entering grades 1-6)

Monday-Friday, June 12-16

Junior-Senior High Evening Camp (7pm - 9pm)

(for teens entering grades 7-12)

Sunday-Thursday, June 11-15

New this year: Online Registration! Watch the bulletin, school newsletter and Facebook for the link or pick up a registration form at either parish office.

Questions? Contact Liz Alonzo @ elonzo@stfrancissolanus.com or

Gina Bergman @ g.bergman@cospq.org

Totus Tuus is co-sponsored by St. Francis and St. Peter parishes.



XCEL YOUTH SPORTS DEVELOPMENT CLASS

*We are your expert in
providing the best workouts
for your body and your goals.*

June 12- August 10

**TUESDAY &
THURSDAY**

4:30 PM-5:30PM

WE OFFER

CONTACT US NOW



217-214-3482



chris@xcelperform.com



State & 8th Plaza,
Suite 2LL, Quincy IL,
62301



EFFECTIVE, FUN WORKOUTS

Effective, fun workouts are made for the kids every time they come. They won't ever get bored of doing the same things over and over.



MONITORED WORKOUTS

Workouts are monitored by a strength coach to make sure everyone is performing the exercises right. This ensures kids don't get hurt and the exercises are effective.



GROUP TRAINING

Kids will workout in a group setting so they learn how to work with others. This will help carry over to real life and working in group/team settings.

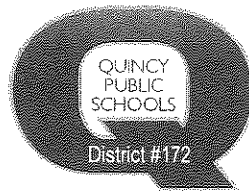


VARIETY OF SKILLS

There will be a variety of skills that are worked on each class. These will include the ABCs of movement: Agility, balance, coordination and more.

<https://www.xcelperform.com/strength-and-conditioning/youth-sports-development/>

XCEL WITH US



1416 Maine Street • Quincy, IL 62301 • Ph: 217.223.8700 • Fax: 217.228.7162

May 18, 2023

This is to notify your organization that Quincy Public Schools will conduct a Summer Food Service Program during the summer of 2023.

Baldwin is our main feeding site. It is open during the summer despite not having summer school. We highly encourage you to attend this site as they do not have summer school students.

Lunch will be served from June 5th through July 28th, Monday through Friday at Baldwin School from 11:00 am to 12:00 pm.

Meals will be served at Rooney Elementary School at 3211 Payson Road from June 5 through June 30. Breakfast at Lincoln Douglas will be served beginning at 7:30-8:00 Brunch will also be served at Rooney from 9:30-10:00.

A cold breakfast will be served at Quincy Senior High at 3322 Maine street, from June 5- June 30 Monday through Friday. Breakfast will be served beginning at 9:15 and ending at 9:30 and lunch from 11:45-12:15.

A cold breakfast will be served at Quincy Junior High at 3322 100 S. 14th Street, from June 5- June 30 Monday through Friday. Breakfast will be served beginning at 8:00 and ending at 8:15 and lunch from 12:00-12:30.

Meals are at no cost to those who are 1 to 18 years of age.

The USDA is an equal opportunity provider and employer.

If you are interested in further information regarding this program, please contact Jean Kinder at 217-223-8700, extension 2261.

Sincerely,

Jean Kinder RD,LDN
Director of Food Services
Quincy Public Schools