

# MARCH 2024

## LUNCH



### St. Peter School

Milk choice of 1% chocolate or white

Student: \$3.20, Adult: \$3.70, Milk: 35¢



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



Pancakes  
Veggie Juice  
Yogurt  
Fruit 1

Grilled Chicken on Bun 4  
Chips  
Peas  
Fruit

Chicken Nuggets 5  
Hash Brown  
Mixed Vegetables  
Fruit

Hamburger 6  
Curly Fries  
Baked Beans  
Fruit

Corn Dog 7  
Emoji Fries  
Green Beans  
Fruit

Ravioli 8  
Marinara  
Carrots  
Fruit

Pepperoni Bosco Stick 11  
Green Beans  
Fruit

Breaded Chicken on Bun 12  
Curly Fries  
Corn  
Fruit

Sausage/Egg Biscuit 13  
Hash Brown  
Veggie Juice  
Fruit

BBQ Rib on Bun 14  
Emoji Fries  
Baked Beans  
Fruit

Fish Shapes 15  
Mac & Cheese  
Carrots  
Fruit

Hot Dog 18  
Emoji Fries  
Peas  
Fruit

Meatballs 19  
Bosco Stick  
Broccoli  
Fruit

Nachos 20  
Corn/Black Beans  
Salsa  
Fruit

Chicken Fries 21  
Hash Brown  
Mixed Vegetables  
Fruit

French Bread Pizza 22  
Marinara  
Veggie Juice  
Fruit

Spring Break 25

Spring Break 26

Spring Break 27

Spring Break 28

Spring Break 29